

Gemstone Gymnastics

Class Schedule updated 4/8/24 | Current schedule & Pricing @ gemstonegymnastics.com

Gym & Learn	
Co-Ed, Potty Trained - 5yrs 3 Hours	
Wed	9:30-12:30

Baby Bears	
Co-Ed, 10 Weeks - Walking 30 min	
Wed	11:45-12:15
Fri	11:30-12:00

Toddler Bears	
Walking-2yrs, Co-Ed, 45min	
Mon	9:30, 10:30
Tue	9:30, 10:30, 3:00, 5:30
Wed	9:30, 10:30, 3:30, 5:30
Thu	9:30, 10:30, 5:30
Fri	9:30, 10:30, 3:30
Sat	8:10, 9:30, 10:30, 12:30

3 Year Old Gem Bears	
Gymnastics, Co-Ed, 45min	
Mon	9:30, 10:30, 11:30, 3:30, 4:30, 5:30
Tue	10:30, 11:30, 6:00
Wed	9:30, 11:30, 3:30, 4:30, 5:30
Thu	9:30, 10:30, 3:30, 4:30, 5:30
Fri	9:30, 11:30, 2:30, 5:30
Sat	8:30, 9:30, 10:30, 11:30

4/5 Year Old Gem Bears	
Gymnastics, Co-Ed, 45min	
Mon	3:30, 4:00, 4:30, 5:30
Tue	11:30, 3:30, 4:30
Wed	10:30, 3:30, 4:30, 5:30, 6:30
Thu	11:30, 2:30, 3:30, 4:30, 5:30, 6:20
Fri	10:30, 2:30, 3:30, 4:30
Sat	8:30, 10:30, 11:00, 12:30
4/5 Year Old Gem Bears 2	
Tue	4:00, 5:30
Thu	11:30
Fri	5:30
Sat	11:30

Ninja Bears	
Co-Ed, 4/5, 45min	
Mon	9:30, 11:30, 5:00, 5:30
Tue	9:30, 3:30, 5:00
Wed	11:30, 4:30
Thu	2:30, 3:30, 4:30
Fri	3:30, 4:30
Sat	8:30, 9:30, 10:00, 12:00

Cheer & Tumble Intro	
Co-Ed, 5-17, 60 min	
All Ages 5+	Saturday 12:30
Ages 5-8	Friday 3:30
Ages 8+	Tuesday 4:30

Gym Gems Intro	
Beginner Girls Gymnastics, 5.5-17 60 min or *90 min Class	
Mon	3:30*, 5:00*, 6:30
Tue	3:30, 4:30, 5:30*
Wed	2:00*, 6:30
Fri	2:30
Sat	8:30, 12:30

Gym Gems Levels 1-4	
Intermediate Girls Gymnastics, 5.5-17, 90 min	
Level 1	
Mon	3:30, 5:00
Tue	5:30
Wed	12:30, 2:00, 3:30, 5:00
Thu	3:30, 5:00
Fri	3:30
Sat	9:30, 11:00
Gym Gems Level 1 / Level 2 Combo	
Mon	10:30
Level 2	
Mon	3:30
Tue	5:30
Wed	2:00, 3:30, 5:00
Thu	3:30, 5:00
Fri	5:30
Sat	9:30, 11:00
Level 3	
Mon	3:30
Thu	3:30
Sat	11:00
Level 3 / 4 Combo	
2 hour classes	
Tue	3:30, 4:30
Wed	1:30

Ninja Gym Intro, Level 1 & 2	
Co-Ed, 5.5-12 Intro 60 min	
Mon	6:30
Tue	3:30, 4:30
Wed	6:30
Fri	2:30
Sat	8:30, 12:30
Intro / Level 1 Combo 90 min	
Tue	5:30
Wed	2:00, 3:30
Level 1 90 min	
Sat	9:30
Level 2 90 min	
Wed	3:30
Level 1 / 2 Combo 90 min	
Mon	5:00
Thu	3:30

Tumbling Intro, Level 1-4	
Co-Ed, 5.5-17 Intro 60 min	
Mon	6:30
Tue	3:30
Fri	4:30
Sat	12:30
Level 1 / 2 Combo 90 min	
Wed	2:00
Thu	5:00
Level 2 / 3 Combo 90 min	
Mon	3:30
Backhandspring Bootcamp	
Level 1+ 90 min	
Wed	12:30
Flipping Bootcamp	
Level 1+ 90 min	
Wed	3:30