

Gemstone Gymnastics

Class Schedule updated 1/7/26 | Current schedule & Pricing @ gemstonegymnastics.com

Baby Bears

10 Weeks - Walking, Co-Ed, 30 min
 Thu 11:30-12:00
 Fri 11:30-12:00

Toddler Bears

Walking-2yrs, Co-Ed, 45min
 Mon 9:30, 10:30
 Tue 9:30, 10:30, 5:30
 Wed 9:30, 10:30, 3:30, 5:30
 Thu 9:30, 10:30, 5:30
 Fri 9:30, 10:30, 3:30
 Sat 8:10, 9:30, 10:30

3 Year Old Gem Bears

Gymnastics, Co-Ed, 45min
 Mon 9:30, 10:30, 3:30, 4:30, 5:30
 Tue 10:30, 11:30, 3:30, 4:00, 5:30, 6:00
 Wed 9:30, 3:30, 4:00, 4:30, 5:00, 5:30
 Thu 9:30, 10:30, 3:30, 4:30, 5:30
 Fri 9:30, 11:30, 4:30, 5:30, 6:30
 Sat 8:30, 9:00, 9:30, 10:30, 11:30, 12:30

4/5 Year Old Gem Bears

Gymnastics, Co-Ed, 45min
 Mon 10:30, 3:30, 4:00, 4:30, 5:30, 6:00
 Tue 11:30, 3:30, 4:30, 5:30
 Wed 10:30, 3:00, 3:30, 4:30, 5:30, 6:30
 Thu 11:30, 3:30, 4:30, 5:30
 Fri 10:30, 2:30, 3:30, 4:30, 5:30
 Sat 8:30, 10:30, 11:00, 12:30

4/5 Year Old Gem Bears 2

Fri 5:30
 Sat 11:30

Ninja Bears

Co-Ed, 4/5, 45min
 Mon 9:30, 11:30, 5:00, 5:30
 Tue 9:30, 3:30, 4:30, 5:00
 Wed 2:00, 4:30
 Thu 2:30, 3:30, 4:30
 Fri 3:30, 4:30
 Sat 8:30, 9:30, 10:00, 12:00

Sensory Friendly Gem Bears Class

Co-Ed, 3-5, 45 min
 Mon 11:30
 Wed 11:30
 Fri 2:30

Cheer & Tumble Intro

Co-Ed, 5-17, 60 min
 All Ages 5+ Saturday 12:30
 Ages 5-8 Friday 3:30
 Ages 8+ Tuesday 4:30

Gym Gems Intro

Beginner Girls Gymnastics, 5.5-17
 60 min or *90 min Class
 Mon 3:30*, 5:00*, 6:30
 Tue 3:30, 4:30, 5:30*
 Wed 2:00*, 6:30
 Thu 2:30, 5:00*
 Fri 2:30
 Sat 8:30, 9:30, 12:30

Gym Gems Levels 1-4

Intermediate Girls Gymnastics, 5.5-17, 90 min

Level 1

Mon 3:30, 5:00
 Tue 5:30
 Wed 12:30, 2:00, 3:30, 5:00
 Thu 3:30, 5:00
 Fri 3:30
 Sat 9:30, 11:00

Gym Gems Level 1 / Level 2 Combo

Mon 10:30

Level 2

Mon 3:30
 Tue 5:30
 Wed 2:00, 3:30, 5:00
 Thu 3:30, 5:00
 Sat 9:30, 11:00

Gym Gems Level 2 / Level 3 Combo

Tue 5:30

Level 3

Mon 3:30
 Thu 3:30

Level 3 / 4 Combo

2 hour classes

Tue 4:30
 Wed 1:30
 Sat 11:00

Ninja Gym Intro, Level 1-3

Co-Ed, 5.5-12

Intro 60 min

Mon 6:30
 Tue 3:30, 4:30
 Wed 6:30
 Thu 2:30
 Sat 8:30, 12:30

Intro / Level 1 Combo 90 min

Tue 5:30
 Wed 12:30, 2:00, 3:30
 Fri 3:00

Level 1 90 min

Sat 9:30

Level 1 / 2 Combo 90 min

Mon 5:00
 Thu 3:30

Level 2 / 3 Combo 90 min

Wed 3:30
 Sat 11:00

Tumbling Intro, Level 1-4

Co-Ed, 5.5-17

Intro 60 min

Mon 6:30
 Tue 3:30
 Thu 1:30
 Sat 12:30

Level 1 / 2 Combo 90 min

Wed 2:00, 5:00
 Thu 5:00
 Sat 11:00

Level 2 / 3 Combo 90 min

Mon 3:30

Backhandspring Bootcamp

Level 1+ 90 min

Wed 12:30

Flipping Bootcamp

Level 1+ 90 min

Wed 3:30